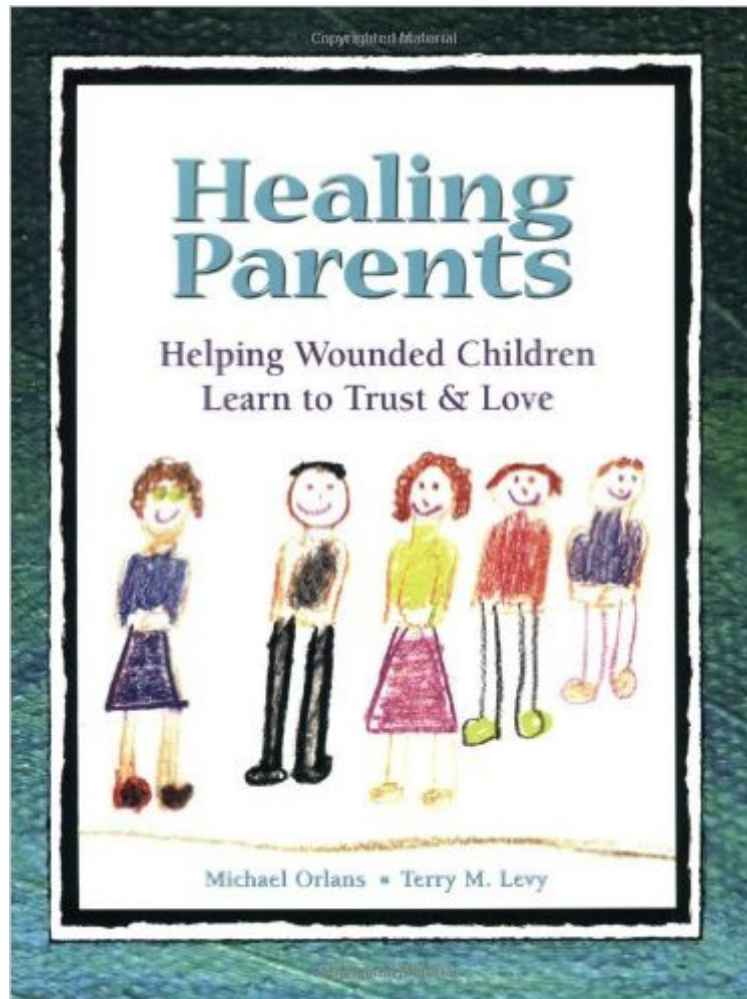


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# Healing Parents: Helping Wounded Children Learn To Trust & Love



## Synopsis

Healing Parents gives parents/caregivers the information, tools, support, self-awareness, and hope they need to help a wounded child heal emotional wounds and improve behaviorally, socially, and morally. This book is a toolbox filled with practical strategies and research that helps parents/caregivers understand their child, learn to respond in a constructive way, and create a healthy environment. Parents/caregivers will learn to develop their child's positive beliefs and establish trust by emphasizing respect, providing appropriate limits, consistent structure, and being a positive role model. Based on 60 years of combined experience doing therapy, teaching, consulting, and research related to children and families, Michael Orlans, M.A. and Terry Levy, Ph.D. have created a guide designed to provide parents/caregivers of wounded children the information and skills necessary to create a healing environment.

## Book Information

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## Customer Reviews

Written by therapists, teachers, consultants and researchers Michael Orlans and Terry M. Levy, *Healing Parents: Helping Wounded Children Learn to Trust & Love* is a guide written to give parents and caregivers the information, tools, support, and positive outlook they need to help emotionally wounded children heal and improve themselves behaviorally, socially, and morally. Chapters discuss the core phenomena of attachment - the deep connection that children and parents or caregivers establish early in life - the importance of knowing both one's child and oneself, basic principles of corrective attachment parenting, attachment issues in an adoptive or foster care family, and much more. "You cannot change others - not your spouse, children, parents, other family

members, friends, coworkers or employer. You can influence others and create opportunities for others to change, via your attitudes, actions, and reactions. By creating a healing environment you can have a positive impact on your child, resulting in learning, growth, and motivation to succeed." Highly recommended especially for parents or caretakers of any type raising a child who has suffered trauma or deprivation.

As an adoptive parent, adoption professional, trainer and author, I found *Healing Parents* to be one of the most practical and insightful books currently available to deal with traumatized children. The book's readability and practical use will benefit both professionals and parents dealing with the hearts and minds of traumatized children. I now recommend it in all my workshops. Jayne Schooler  
International adoption educator

Many thanks to Dr. Levy and Dr. Orlans for producing an outstanding user-friendly book. This is an essential tool for anyone who is a foster or adoptive parent and for professionals working with children and families involved in the Child Welfare system. The book begins by describing the core concepts of child development and attachment, the three pillars of assessment, attachment patterns, and traits and symptoms of a compromised attachment. The book then goes on to describe how parents can become "healing parents" by getting to know themselves in order to create a healing environment where wounded children can learn to trust. The book provides the basic practices of Corrective Attachment Parenting and how the practical skills and strategies caregivers use can lead to positive change in your child and family. I highly recommend this book to the families I am working with.

I recommended this to all of the parents who bring their children to my practice. It is so readable. Parents who have experienced a difficult childhood themselves need this to manage their own feelings and work toward healing. I have worked with foster children for 15 years and highly recommend this book for every foster parent to help them understanding the complexities of parenting children who have experienced "broken" childhoods. The terminology is clear and readable. I have often wanted to put this information in a book myself, but never have the time to devote to the research and writing. This book is what I would have loved to have written! Mary Swanson, LCSW, Brownwood and Brady, Texas

This is the best resource I have found for helping my husband and I know how to better parent our

adopted daughters! Their lack of attachment due to time spent in orphanages created difficulties that we didn't know how to handle until reading this book. Our thanks to the authors for creating a wonderful resource for parents!

The book *Healing Parents* is a great resource for parents of a RAD child. The book is aimed at children between 5-12 yrs old although it has some useful tips for younger children too. This is the first book I have found that has some very real, practical guidelines for dealing with attachment disorders in children. The author provides an accurate description of the problem, especially important since many fathers do not witness the troubling behavior which is aimed at the mother. My husband & I have found the book to be incredibly helpful and contains some wonderful ideas for parenting and helping to heal a RAD child.

This is a terrific book by authors who have seen a lot of developmentally challenged kids. It's well organized and looks at attachment as the hub of many issues that challenge kids (ADHD, SPD, ODD, etc). It challenges parents to look into their own behavior while being supportive of changes that may help the parent/child relationship evolve in a positive direction. Lots of good examples and a great checklist of identifying behaviors that can be revisited over time to monitor changes. So much challenging behavior is interrelated and "spectrumy" and this book gives some good insights and tools to identify what's going on with your beautiful child (and you).

Very helpful book. As a therapist who works with kids and families involved in the child welfare system, I find this to be a user-friendly resource for parents who are parenting an attachment disordered child.

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